



NEUROPSYCHOLOGY ASSESSMENT INFORMATION FOR CLIENTS

AwareHub offers a comprehensive adult and paediatric neuropsychology consultation service. Our assessments are specifically tailored to investigate your (or your child's) specific circumstances and functional difficulties, with a view to identifying an effective treatment pathway moving forward.

Why choose to have a neuropsychology assessment at AwareHub?

Neuropsychologists have highly specialised training in understanding the relationship between the brain, cognition and behaviour. Part of their specialised skill set is how best to investigate disorder or dysfunction in these areas using evidence-based techniques, such as neuropsychology and psychometric testing, clinical interviews and collaborative questionnaires.

Think of a neuropsychology assessment as a detective story. We want to gather as much information as possible, from as many sources as possible, so we can ask ourselves: "What best explains the difficulties this individual is experiencing? Is it ADHD? Is it Autism Spectrum Disorder (ASD)? Or is it something else?".

Neuropsychology assessments are performed by a neuropsychologist. There are other forms of testing – often called Cognitive Assessments, or Academic Assessments – which are performed by non-neuropsychologists, such as psychologists, clinical psychologists or psychometric technicians. Seeing a non-neuropsychologist versus a neuropsychologist for your assessment might be likened to seeing a GP for any given health issue, versus seeing a specialist in that particular area of medicine (i.e., a psychiatrist, orthopaedic surgeon, etc.): while both can provide meaningful input, it is the expertise of the specialist that will likely offer a higher level of diagnostic insight and differential diagnosis.

The detailed and comprehensive investigation process is what underpins a neuropsychology assessment's value. As does the specialised knowledge of the neuropsychologist. As an assessment progresses, the neuropsychologist can identify significant strengths and weakness and shift the assessment process to explore these. A more abridged, fixed version of testing might come to similar conclusions, but a neuropsychology assessment maximises diagnostic accuracy and planning for effective treatments. It provides a thorough understanding of the individual's cognitions, behaviours and functioning in all areas of life.

It is also important to note that non-neuropsychology assessments might use cognitive or behavioural assessment tools that are not endorsed by key third party groups, such as the National Disability Insurance Scheme (NDIS).

Below you will find the following information about our assessments:

1. A description of each assessment.
2. Who the assessment is for (adults and/or children).
3. The fee structure.
4. The approximate time needed to complete the assessment.

To prepare for your assessment:

- Please ensure that you are well rested on the day of your testing, as it does take time and mental effort.
- If you use reading glasses make sure that you bring these to the assessment.
- You are also welcome to bring along a drink bottle/snack for use during break times.
- **It is important that you take all your regular medication on the day of the assessment.**
- Additional information will be sent out via email prior to your appointment. Please be sure to complete these forms and return the relevant documentation requested, a week prior to your appointment.

Please note:

The Medicare rebate **only** applies for a neuropsychological assessment of suspected Neurodevelopmental Disorders (such as Autism Spectrum Disorder) and other 'eligible disabilities. However, there are some areas within the assessment and feedback process that rebates may apply, and these will be made available to you upon request.

Feel free to contact us at reception@awarehub.com.au should you have any queries or concerns.

TYPES OF NEUROPSYCHOLOGY ASSESSMENTS OFFERED AT AWAREHUB

Neuropsychology Assessment (Adult & Paediatric)

A comprehensive tailored assessment focused on identifying an individual's cognitive profile (strengths and weaknesses – memory, attention, processing speed, executive functioning, learning, etc.) against the background of their medical and developmental history, in order to examine to what degree cognition or mood (i.e., anxiety, stress, depression) might be contributing to the functional difficulties they are experiencing (either at home, in the work place, at school, or in social interactions/settings, etc.). May also include basic measures of academic functioning if an individual is experiencing learning difficulties or is gifted.

Appointment Attendance

Your testing will be completed in a morning session with brief breaks taken as necessary. Your report and results will be provided to you during the feedback session, 3-4 weeks after the assessment (times can vary dependant on caseload and the prompt return of all questionnaires needed to finalise the report).

- Appt 1 – Neuropsychological testing – approx. 3-4 hours (for paediatric assessments, parent required for the first hour for background interview).
- Appt 2 – Feedback and report session - 1 hour

Clients under 13 years will be eligible for a Medicare rebate of \$89.65 for each appointment.

Neuropsychology Assessment + Clinical Investigation (Adult only)

Adult assessments can be undertaken for a range of reasons:

- Cognitive and functional decline that exceeds what can be expected from normal ageing. (neurodegenerative disease, Alzheimer's, vascular dementia).
- Cognitive difficulties that emerge in the workplace.
- To measure the cognitive impact of neurological and neuropsychiatric disorders (e.g., epilepsy, multiple sclerosis), psychiatric disorders (e.g., Bipolar Affective Disorder, Schizophrenia) or medical conditions (e.g., diabetes, hypertension). Functional decline in any area of life e.g., managing self-care, budgeting, socialising, independent living.
- As well as being a comprehensive neuropsychology assessment of cognition, this assessment investigates a specific clinical or diagnostic question by using a tailored battery of additional tests.

Appointment Attendance

Your testing will be completed in a morning session with brief breaks taken as necessary. Your report and results will be provided to you during the feedback session, 3-4 weeks after the assessment (times can vary dependant on caseload and prompt return of questionnaires needed to finalise the report).

- Appt 1 – Neuropsychological testing – approx. 5 hours
- Appt 2 – Feedback and report session - 1 hour

Neuropsychology + ADHD Assessment (Adult & Paediatric)

In addition to a comprehensive tailored assessment exploring cognition, mood, medical and developmental history (see above Neuropsychology Assessment) the assessment also includes a range of measures specifically targeting the diagnostic criteria for ADHD (Inattentive, Hyperactivity/Impulsivity and Combined presentations) as well as common co-occurring disorders. It is important to understand an individual's cognition when investigating ADHD as cognitive difficulties might potentially explain the attention problems an individual is having as opposed to ADHD.

Appointment Attendance

Your testing will be completed throughout the day with brief breaks as necessary and a main break taken at lunch. Your report and results will be provided to you during the feedback session, 3-4 weeks after the assessment (times can vary dependant on caseload and prompt return of questionnaires needed to finalise the report).

- Appt 1 – Neuropsychological testing – approx. 5 hours (for paediatric assessments, parent required for the first hour for background interview)
- Appt 2 – Feedback and report session - 1 hour

Clients under 13 years will be eligible for a Medicare rebate of \$89.65 for each appointment.

ASD (Autism Spectrum Disorder) Assessment (Paediatric only)

A fixed assessment incorporating the primary industry gold standard tests used to assess if an individual's presentation and developmental history is consistent with ASD. This assessment would normally be completed in order to explore or support your treating physician's line of enquiry in relation to possible ASD. Does not include measures of cognition, mood, academic functioning or detailed analysis of social cognition.

Appointment Attendance

Your testing will be completed throughout the day with brief breaks as necessary and a main break taken at lunch. Your report and results will be provided to you during the feedback session, 3-4 weeks after the assessment (times can vary dependant on caseload and prompt return of questionnaires needed to finalise the report).

- Appt 1 – Neuropsychological testing – approx. 3 hours (parent required for background interview, approx. 90mins).
- Appt 2 – Feedback and report session - 1 hour

Clients under 13 years will be eligible for a Medicare rebate of \$89.65 for each appointment.

Neuropsychology + ASD Assessment (Adult & Paediatric)

A comprehensive tailored assessment exploring cognition, mood, medical and developmental history (see above Neuropsychology Assessment) in addition to a broader assessment of ASD and its features.

Appointment Attendance

Your testing will be completed across two days in the same week. Brief breaks will be taken throughout both days as necessary. Your report and results will be provided to you during the feedback session, 3-4 weeks after the assessment (times can vary dependant on caseload and prompt return of questionnaires needed to finalise the report).

- Appt 1 – Neuropsychological testing – approx. 3-4 hours (in both adult and paediatric assessments, ideally the parent would be available for a developmental interview, approx. 90mins)
- Appt 2 – Neuropsychological ASD testing – approx. 3-4 hours (parent not required)
- Appt 3 – Feedback and report session - 1 hour

Clients under 13 years will be eligible for a Medicare rebate of \$89.65 for each appointment.

Neuropsychology + ADHD + ASD Assessment (Adult & Paediatric)

A comprehensive tailored assessment of cognition and mood as well as ADHD and ASD features.

Appointment Attendance

Your testing will be completed across two days in the same week. Brief breaks will also be taken throughout both days as necessary. Your report and results will be provided to you during the feedback session, 3-4 weeks after the assessment (times can vary dependant on caseload and prompt return of questionnaires needed to finalise the report).

- Appt 1 – Neuropsychological testing – approx. 5 hours (in both adult and paediatric assessments, ideally the parent would be available for a developmental interview, approx. 90mins)
- Appt 2 – Neuropsychological ASD testing – approx. 4 hours (parent not required)
- Appt 3 – Feedback and report session - parent and client to attend (1 hour)

Clients under 13 years will be eligible for a Medicare rebate of \$89.65 for each appointment.