



## TRANSGENDER SERVICES

We understand that navigating the world as a transgender person can be challenging, so we have compiled a list of resources and services within NSW to make it easier for you to access the support you need.

### **Gender Centre:**

The Gender Centre is a New South Wales-based organization that provides a range of support services for transgender and gender diverse people. Their mission is to improve the lives of transgender and gender diverse people through a range of programs and services. Some of the services provided by the Gender Centre include:

**Counselling:** The Gender Centre offers individual and group counselling services for transgender and gender diverse people, as well as their families and partners. Counselling can help with a range of issues related to gender identity and expression, including coming out, transitioning, and mental health.

**Support groups:** The Gender Centre offers a variety of support groups for transgender and gender diverse people, including groups for youth, parents, partners, and seniors. These groups provide a safe and supportive space for people to connect with others who understand their experiences.

**Advocacy:** The Gender Centre advocates for the rights of transgender and gender diverse people, both at a policy level and in individual cases. They work to ensure that the voices and needs of transgender people are heard and respected in all areas of society.

**Legal and medical advice:** The Gender Centre provides information and support on legal and medical issues related to gender identity and expression, including assistance with changing legal documents and accessing gender-affirming healthcare.

The Gender Centre is staffed by a team of experienced professionals who are committed to providing high-quality services and support to transgender and gender diverse people. They also rely on the support of volunteers and community members to help carry out their mission.

If you are a transgender or gender diverse person in need of support or information, or if you would like to get involved with the Gender Centre, you can visit their website or contact them by phone or email.

**Website:** <https://gendercentre.org.au/>

**Phone:** (02) 9519 7599

**Address:** 41-43 Parramatta Rd, Annandale NSW 2038, Australia



**ACON:**

ACON is a New South Wales-based organization that provides support and advocacy for LGBTQ+ people, including transgender and gender diverse individuals. Their services include counselling, health and wellbeing programs, and community events and initiatives.

**Website:** <https://www.acon.org.au/>

**Phone:** (02) 9206 2000

**Address:** 414 Elizabeth St, Surry Hills NSW 2010, Australia

**QLife:**

QLife is a national counselling and referral service for LGBTQ+ people in Australia, including transgender individuals. They provide free and confidential phone and web chat counselling, as well as a directory of local support services and resources.

**Website:** <https://qlife.org.au/>

**Phone:** 1800 184 527

Web chat available on website